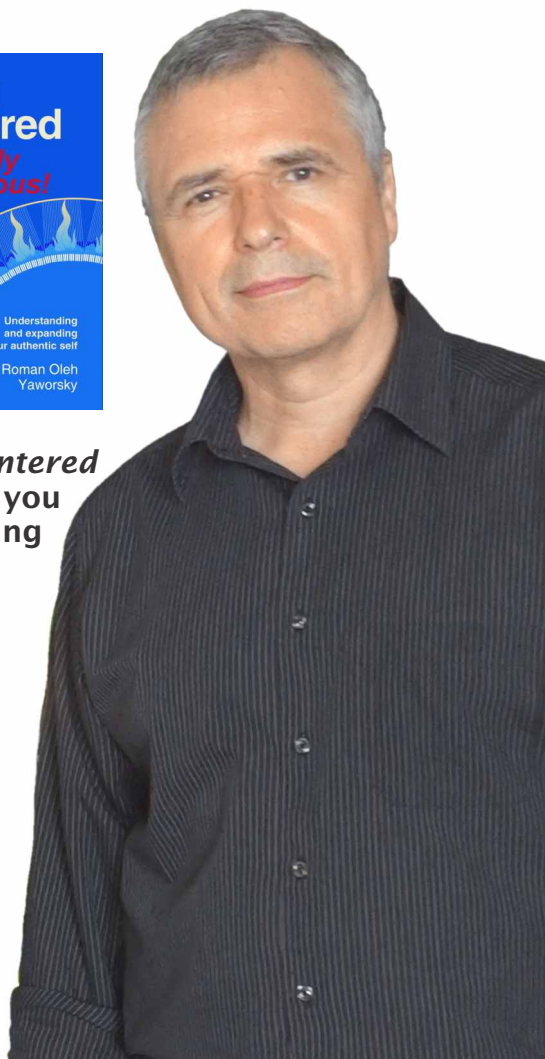


**Being Centered**  
can save you  
from giving  
your life  
away!



## Roman Oleh Yaworsky

Roman Oleh Yaworsky is an established energy medicine practitioner, spiritual coach and educator, with a depth of experience in the shamanic and healing traditions of both the East and West and transformational yogic practices. He is also a master astrologer with an international clientele.

For over 20 years, Roman has brought an eclectic background to his students and clients. Initiated in the Q'ero healing tradition of the high Andes of Peru, he has also been a student of living masters in Tibetan Buddhism and Kashmir Shavism. Roman's formal degrees in Medical Illustration and Biochemistry have extended his ability to bridge inner knowledge with the concise and practical knowledge and stance of modern science.

His book, *Being Centered* pioneered a fundamental sea change in our outlook towards healing. It established the critical difference between feelings and emotions, and the mechanism that initiates our disconnection from our core. *Being Centered* is available through Amazon.com and from SpiritUnleashed.com

Roman's original courses and workshops have been approved for continuing education units for many of the health care and healing professions, including social work, nursing, mental health and family counseling in Florida. He has given workshops in Toronto, Boston and Miami.

### Sample of Reviews of *Being Centered* from Amazon:

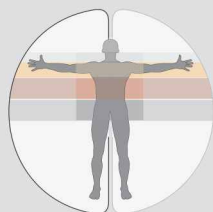
*Amazon reviews rate it 4.8 out of 5 stars!*

*"Best Book Ever. Wow!!! This book just blows me away. I also, got it for a friend and wow, we just love it ... Just AMAZING!"*

*This is the BEST book on self healing I have ever come across! It should be on everybody's desk. It explained things no other book has ever touched on. . . Brilliant! It has changed the way I approach people. Fantastic book! Thank you. Thank you! Thank you!*

*"This book was just what I was looking for"*

*"Like no other perspective I've ever come across"*

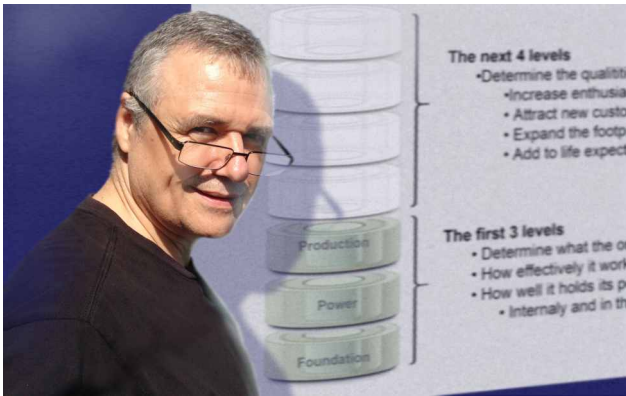


## SpiritUnleashed™

Our true sense of who we are, our spontaneity, aliveness, courage and freedom come from our connection to our core and to our spirit. Our mission at SpiritUnleashed™ is to create and offer courses, workshops and events, books, transforming sessions and products in support of that greatness. Approved Florida State Board provider #50-12290.

We are here to help you become who you were meant to be!

[www.spiritunleashed.com](http://www.spiritunleashed.com)



***Roman has that rare ability to connect to his audience at a very honest, heartfelt level.***

### **Professional Training and Qualifications**

B.Sc. AAM, Medical Illustration, Faculty of Medicine, University of Toronto, Canada

H.B.Sc., Biochemistry, University of Western Ontario, Canada (Now Western University)

Ontario College of Art and Design, Canada

Training in Healing the Light Body, The Four Winds Society

Training and Advanced Workshops in Resonance Repatterning® from the Resonance Repatterning® Institute

Certified Meditation Center Leader, SYDA Foundation

### **Professional Background**

Roman has several decades of experience as a spiritual and life coach. For over 16 years, he has worked extensively as a teacher, energy medicine practitioner, workshop creator and coordinator.

### **Spiritual and Healing Background**

At the age of 15, Roman experienced a spiritual awakening as a result of practicing meditation on his own. His spiritual search took him to living masters in Tibetan Buddhism and Kashmir Shaivism, and later to initiation in the Q'ero healing tradition of the high Andes of Peru.

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Want to know more about our presenter?  
786 223-0900 or [info@spiritunleashed.com](mailto:info@spiritunleashed.com)

For bookings, contact [gja@spiritunleashed.com](mailto:gja@spiritunleashed.com)

## **Experience *Positive Transformation* with Roman Oleh Yaworsky**

Over the past decade, Roman has created workshops and interactive courses that take students to a deeper understanding and appreciation of diverse subjects. He is known for an engaging and dynamic personal style that draws on his very comprehensive background in the sciences, art, healing and spiritual traditions.

**Being Centered™** Being centered can save your life! These interactive lectures, based on Roman's book, offer you the practical understanding of how to center, regain your integrity and act from your core.

**The Gifts in Challenging Times™** We often have names, such as the 'mid-life crisis' or 'seven year itch', for times of great shift or challenge. This workshop provides the insights and practical knowledge to take full advantage of the true gifts in these times.

**Improving the Destiny of Relationships™** Bring clarity and ease back to your relationships. Practical insights and solutions to break free of where you get stuck.

**The Energetics of Companies, The C.O.R.E.™ Principle**, developed by Roman Oleh Yaworsky, helps companies discover where their interpersonal dynamics are blocked and the means to regain employee enthusiasm and effectiveness.

**Healing Passages™** This interactive workshop reveals the deep energetic structure of the pivotal events in our lives and the opportunity and gift in each challenge and crisis.

**The Nature and Influence of the Chakras™** Discover the energetic dynamics of the subtle anatomy and both chakra systems, and their influence in personal interactions.

**Free the Path Before You, Free Your Destiny™**  
To change where we get stuck we must change our inner relationship with ourselves, core and spirit. Otherwise, our efforts do not last or may even work against us.

**Surviving Change In Today's World™** As a human community we are in crisis. Learn to take advantage of the changes rather than being dictated by them.

**Transforming Signs™** There is a reason why the knowledge of the Sun Signs has survived for over ten thousand years. Discover how to use that knowledge

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