



## Susana Sorí

Established energy medicine practitioner, speaker and educator, Susana Sorí, tells us,

*"I was searching for spirituality in books and wasn't finding the answers I needed for my soul, so I left on a quest to find the truth."*

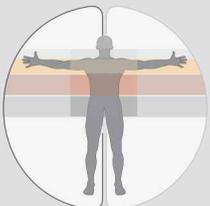
That quest deepened her roots in yoga mysticism and native healing paths.

Established in the Q'ero healing tradition of the high Andes of Peru, Susana has also spent years under direct guidance and mentorship of living masters of Kashmir Shaivism and Vedanta. She's earned her place and trust with both disciplines, qualifying her to certify yoga teachers, oversee learning centers and offer workshops to the general public as a certified teacher for the Institute for Energy Medicine.

*"For over 30 years, the gift of both mentorships has been the ability to support the healing process of my clients and students at the deepest levels,"* says Susana.

Many of Susana's workshops are approved by the Florida State Boards to offer continuing education hours for healing professionals in social work, nursing, mental health, and family counseling. She has taught in Australia, Canada, the Caribbean, England, Mexico, Spain, and throughout the US.

Susana Sorí's clients range from executives to doctors to performers and artists. It is not a surprise that she has successfully re-birthed the creative spirit in her clients because, in addition to her speaking, coaching and healing work, she is a recognized visual artist in her own right, with work in several public collections.



### SpiritUnleashed™

Our true sense of who we are, our spontaneity, aliveness, courage and freedom come from our connection to our core and to our spirit. Our mission at SpiritUnleashed™ is to create and offer courses, workshops and events, books, transforming sessions and products in support of that greatness. Approved Florida State Board provider #50-12290.

We are here to help you become who you were meant to be!

[www.spiritunleashed.com](http://www.spiritunleashed.com)

## Interactive Events with Susana Sorí

Since 1991, Susana Sorí has presented interactive talks, workshops and courses to support the well-being of the general public, health care and healing professions. Many have been approved for continuing education hours by Florida State Boards.

**Be Fearless and Steady:** *Energy Awareness™* introduces you to sense the energy interactions that occur all around you, so that you can be more conscious and effective, in real time.

**Being in the Present Moment.** Master several ancient meditative techniques and healing modalities that focus your ability to center and maintain your flow along the path to your greater purpose.

**Following the Inner Prompting.** Understand the difference between using your intellect and your gut knowing to make a decision or take action. Learn ways to sharpen your inner knowing, as it can save your life. This meditation and awareness workshop is supported with examples from Susana's personal journey through her art, yoga, healing and shamanism.

**The Greatest Journey.** This unique experiential training allows participants to experience awareness beyond the body in a shamanic environment, and offers the energetic and healing foundation to support loved ones going through transition and passage.

**Inca Rites of Spiritual Activation.** These nine rites have been handed down through the millennia, initiating and supporting the seeker's journey towards integration and becoming. Susana has been granted the power and authority to offer these rites in the original Quechua language of the Peruvian Shamans.

**Despacho and Sacred Fire Ceremonies.** Come into alignment with your heart and spirit. Dream your world anew, create health and empowerment on an energetic level.

**Changes & Shifts** - The process of change and growth is much more alive than most people believe. *"Do not think that just because you encounter challenges along the road to wholeness and joy the process to positive change is not working for you."*

***Sourcing from a deep experiential knowledge . . .***

***Susana offers unique insights, powerful expression and a contagious motivation to transform.***



### Professional Training and Qualifications

B.A. Humanities, Michigan State University, East Lansing, MI

Degree in Graphics and Communication Arts, Kendall College of Art & Design, MI

Vedanta and Kasmir Shaivism, Siddha Peeth, Ganeshpuri, Maharashtra, India

Certified Teacher, Institute for Energy Medicine

Advanced Master Program, Luminous Energy Healing, The Four Winds Society, Utah

Certified Practitioner Resonance Repatterning® System

Teacher Trainer in Yoga and Breath Work, SYDA Foundation, NY

CINTAS Fellowship, Oscar B. Cintas Foundation, NY

### Publications

Contributing Editor, 2005 - 2007, HR Journal, Holographic Repatterning® Association Trade Publication

Published Article: Changes & Shifts, HR Journal, Vol 12, Issue 1, April 2006

Published Article: The Power of Action, HR Journal, Vol. 12, Issue 1, August 2006

Published Article: Resignation - Accepting Less Than We Truly Are, HR Journal, Vol. 12, Issue 3, November 2006

Managing Editor, 'Being Centered.' Author: Roman O. Yaworsky, SpiritUnleashed Publications, Miami FL, 2007

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