



Suggested Reading

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Death in Eastern Mysticism

Graceful Exits: How Great Beings Die
Compiled and edited by Sushila Blackman

Does Death Really Exist?
Swami Muktananda

Advice on Dying: And Living a Better Life
His Holiness the Dalai Lama, J. Hopkins, Ph.D.

A true gem for those who love the mythic journey...

Dialogue with Death: The Spiritual Psychology of the Katha Upanishad
Eknath Easwaran

For those wanting a historical and cultural look at the subject of death...

Meditation and the Art of Dying
Pandit Usharbudh Arya

For those interested in developing clarity....
Dream Yoga and the Practice of Natural Light Namkhai Norbu

Death, Intermediate State and Rebirth in Tibetan Buddhism
Lati Rinbochay and Jeffrey Hopkins

The Tibetan Book of the Dead: The Great Liberation by Hearing in the Intermediate States. *Graham Coleman with Thupten Jinpa*

Liberation through Hearing in the Bardos: The Tibetan Book of the Dead *Susan Barber*
www.spiritofmaat.com/archive/aug2/tibetan.htm

The Tibetan Book of Living and Dying
Sogyal Rinpoche, Harper Collins Publishers

The Practice of Tonglen: Transforming Confusion into Wisdom *Pema Chodron*
www.shambhala.org/teachers/pema/tonglen1.php

No Death, No Fear: Comforting Wisdom for Life. *Thich Nhat Hahn*

Hieroglyphic Transcript and Translation into English of the Ancient Egyptian Papyrus of Ani
The Book of the Dead
E. A. Wallis Budge

The Egyptian Book of the Dead: The Book of Going Forth by Day
James Wasserman and Raymond O. Faulkner

Peaceful Death, Joyful Rebirth: A Tibetan Buddhist Guidebook. *Tulku Thondup*

Shamanic of the Americas

The Shamanic Guide to Death and Dying
Kristen Madden, Spilled Candy Books

Shaman, Healer, Sage: How to Heal Yourself and Others with the Energy Medicine of the Americas
Alberto Villoldo

Mending the Past and Healing the Future with Soul Retrieval. *Alberto Villoldo*

For Self Knowledge

Being Centered: Positively Contagious!
Roman Oleh Yaworsky
www.spiritunleashed.com/publications.htm
www.amazon.com

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Death in the West

Tuesdays with Morrie
Mitch Albom

The Five People You Meet in Heaven
Mitch Albom

Many Lives, Many Masters
Brian L Weiss

Life After Life: The Investigation of a Phenomenon
Raymond A. Moody, Jr., Harper Collins

The Power of Myth
Joseph Campbell

Who Dies? An Investigation of Conscious Living and Conscious Dying
Stephen Levine

Meetings at the Edge: Dialogues with the Grieving and the Dying, the Healing and the Healed *Stephen Levine*

Life After Death
Deepak Chopra

The American Book of the Dead
E. J. Gold and Claudio Naranjo

The American Book of Dying: Lessons in Healing Spiritual Pain
Richard F. Groves and Henriette Anne Klauser

On Death and Dying: What the dying have to teach doctors, nurses, clergy, and their own families. *Elisabeth Kubler-Ross, MD*

Q&A on Death and Dying
Elizabeth Kubler-Ross, MD

Final Gifts: Understanding the Special Awareness, Needs and Communications of the Dying. *Patricia Kelly & Maggie Callanan*

Dying: A Natural Passage
Plus:

Dying: A Natural Passage A Bedside Manual for Being with Dying
Denys Cope, RN, BSN, MSS, Online
www.livingthroughdying.com

Sacred Dying: Creating Rituals for Embracing the End of Life
Megory Anderson

Lessons for Living
Stan Goldberg

The Five Ways We Grieve
Susan A. Berger

Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying
Patricia Kelly and Maggie Callanan

Being with Dying: Cultivating Compassion and Fearlessness in the Presence of Death. *Joan Halifax*

Companioning the Dying *Greg Yoder*

The Needs of the Dying (previously published as 'The Rights of the Dying: A Guide for Bringing Hope, Comfort, and Love to Life's Final Chapter') *David Kessler*

Waking the Tiger: Healing Trauma - The Innate Capacity to Transform Overwhelming Experiences
Peter Levine

For Children

The Mountains of Tibet
Mordicai Gerstein

The Next Place
Warren Hanson

Trauma Through a Child's Eyes
Peter Levine

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