



Suggested Reading

Check for updates to this list at:
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Eastern Mysticism on the subject of Death

Graceful Exits: How Great Beings Die
Compiled and edited by Sushila Blackman

Does Death Really Exist?
Swami Muktananda

Advice on Dying: And Living a Better Life
His Holiness the Dalai Lama, J. Hopkins, Ph.D.

A true gem for those who love the mythic
journey...

Dialogue with Death: The Spiritual
Psychology of the Katha Upanishad
Eknath Easwaran

For those wanting a historical and cultural look
at the subject of death...
Meditation and the Art of Dying
Pandit Usharbudh Arya

For those interested in developing clarity....
Dream Yoga and the Practice of Natural
Light Namkhai Norbu

Death, Intermediate State and Rebirth
in Tibetan Buddhism
Lati Rinbochay and Jeffrey Hopkins

The Tibetan Book of the Dead: The Great
Liberation by Hearing in the Intermediate
States. Graham Coleman with Thupten Jinpa

Liberation through Hearing in the Bardos:
The Tibetan Book of the Dead SusanBarber
www.spiritofmaat.com/archive/aug2/tibetan.htm

The Tibetan Book of Living and Dying
Sogyal Rinpoche, Harper Collins Publishers

The Practice of Tonglen: Transforming
Confusion into Wisdom Pema Chodron
www.shambhala.org/teachers/pema/tonglen1.php

No Death, No Fear: Comforting Wisdom
for Life. Thich Nhat Hahn

Hieroglyphic Transcript and Translation into
English of the Ancient Egyptian Papyrus of Ani
The Book of the Dead
E. A. Wallis Budge

The Egyptian Book of the Dead: The Book
of Going Forth by Day
James Wasserman and Raymond O.Faulkner

Peaceful Death, Joyful Rebirth: A Tibetan
Buddhist Guidebook. Tulku Thondup

Healing Arts of the Native Americas

The Shamanic Guide to Death and Dying
Kristen Madden, Spilled Candy Books

Shaman, Healer, Sage: How to Heal
Yourself and Others with the Energy
Medicine of the Americas
Alberto Villoldo

Mending the Past and Healing the Future
with Soul Retrieval. Alberto Villoldo

For Self Knowledge

Being Centered: Positively Contagious!
Roman Oleh Yaworsky
www.spiritunleashed.com/publications.htm
www.amazon.com

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Western Mysticism on the Subject of Death

Tuesdays with Morrie
Mitch Albom

The Five People You Meet in Heaven
Mitch Albom

Many Lives, Many Masters
Brian L Weiss

Life After Life: The Investigation of a
Phenomenon
Raymond A. Moody, Jr., Harper Collins

The Power of Myth
Joseph Campbell

Who Dies? An Investigation of Conscious
Living and Conscious Dying
Stephen Levine

Meetings at the Edge: Dialogues with the
Grieving and the Dying, the Healing and
the Healed Stephen Levine

Life After Death: The Burden of Proof
Deepak Chopra

The American Book of the Dead
E. J. Gold and Claudio Naranjo

The American Book of Dying: Lessons in
Healing Spiritual Pain
Richard F. Groves and Henriette Anne Klauser

On Death and Dying: What the dying have
to teach doctors, nurses, clergy, and their
own families. Elisabeth Kubler-Ross, MD

Q&A on Death and Dying
Elisabeth Kubler-Ross, MD

Final Gifts: Understanding the Special
Awareness, Needs and Communications
of the Dying. Patricia Kelly & Maggie Callanan

Dying: A Natural Passage
Plus: Dying: A Natural Passage A Bedside
Manual for Being with Dying
Denys Cope, RN, BSN, MSS, Online
www.livingthroughdying.com

Sacred Dying: Creating Rituals for
Embracing the End of Life
Megory Anderson

Lessons for Living
Stan Goldberg

The Five Ways We Grieve
Susan A. Berger

Final Gifts: Understanding the Special
Awareness, Needs, and Communications
of the Dying
Patricia Kelly and Maggie Callanan

Being with Dying: Cultivating Compassion
and Fearlessness in the Presence of
Death. Joan Halifax

Companioning the Dying Greg Yoder

The Needs of the Dying (previously
published as 'The Rights of the Dying: A Guide
for Bringing Hope, Comfort, and Love to Life's
Final Chapter') David Kessler

Waking the Tiger: Healing Trauma -
The Innate Capacity to Transform
Overwhelming Experiences
Peter Levine

For Children

The Mountains of Tibet
Mordicai Gerstein

The Next Place
Warren Hanson

Trauma Through a Child's Eyes
Peter Levine

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